

**Poetry Corner**  
**SETTING SAIL**  
**Exultation is the Going**  
BY  
**Emily Dickinson**

Exultation is the going  
Of an inland soul to sea, --  
Past the houses, past the headlands,  
Into deep eternity!

Bred as we, among the mountains,  
Can the sailor understand  
The divine intoxication  
Of the first league out from land?

▼

### **Hearing What You See**

Scientists have long been aware of the phenomenon of "synaesthesia," which is a condition where one's senses become intermingled. For example, letters could be perceived as colors, or numbers could take on "personalities." As reported in BBC News, researchers at the California Institute of Technology are now investigating people that can "hear sounds" from a screensaver. The subjects apparently hear the patterns of moving dots on a computer screen. It is suggested that many people may have some degree of this ability. Future research could provide some valuable clues and pathways for us all to enhance our experiences by integrating our known physical senses.

▼

### **Cover-Up?**

Dr. Edgar Mitchell recently stirred up quite a bit of controversy in several interviews when he claimed that the Roswell Incident of July 7, 1947 was indeed real.

Dr. Mitchell was the lunar module pilot on the Apollo 14 mission, and became the sixth man to walk on the moon. He also founded the Institute of Noetic Sciences, an organization that investigates consciousness and psychical phenomena. Dr. Mitchell grew up in the Roswell area and claims that his knowledge of the alien visit to Roswell, New Mexico came from local residents, as well as military and intelligence people.

In an interview with Lisa Bonnice on BlogTalkRadio, Dr. Mitchell stated that the military and intelligence people "... were under rather severe oaths to not reveal any of this, and ... wanted to get their conscience clear ... before they passed on, selected me and said, independently ... that maybe I might be a safe person to tell their story to." Dr. Mitchell went on to clarify that, although there was a cover-up, he did not believe that NASA was involved.

## **Read Between The Lines**

Recommended Reading  
***The Scalpel and The Soul***  
***Encounters with Surgery, the***  
***Supernatural, and the Healing***  
***Power of Hope***

by **Allan J. Hamilton, M.D.**  
*Published by The Penguin Group, 2008*

Although there are certainly exceptions to the rule, the suggestion to medical doctors that their abilities to heal could be enhanced by incorporating "intuitiveness" into their practices would not be held in high regard. Medical doctors are trained to be investigators and practitioners of science, and science has no room for phenomena that cannot be dissected, probed, and replicated in a laboratory. When a patient experiences a spontaneous healing, reports seeing a disconcerted loved one, or has an out of body or near death experience, the typical professional response is, "these things happen." Occasionally, some of these medical scientists, whether it is prompted from personal experience or guidance from another source, undergo an epiphany as they step back to see a larger picture. I think it is a fair statement to say that there are not too many esteemed surgeons who, as Dr. Hamilton did, consulted a shaman to help with his own physical ailment. Dr. Hamilton is a shining example of a new breed of medical doctors who practice integrative medicine as they weave technical expertise with the concepts of the mind, spirit, and soul.

Dr. Hamilton, a graduate of Harvard Medical School, had one of his early "unexplained" moments as a surgical fellow in Africa. While stationed at a primitive hospital in a jungle town, his charge was to not only perform complex surgical procedures and treat parasitic diseases, but to travel by canoe to immunize children in remote villages. Reaching these villages was a treacherous exercise, and Dr. Hamilton was well aware that some of his predecessors had died in the attempt. While traveling with his guide to reach the first village, they became hopelessly lost and exasperated as they approached a fork in the river. They spotted a small clearing in the overgrown brush on the bank of the river, pulled in and scratched and clawed their way up an embankment. Suddenly before them was a native man who they found had been simply waiting there for them after "dreaming of two lost men." As this man, named Outeen, which means "who sees things," guided the pair to the village, Dr. Hamilton contemplated the apparent invisible "force" that provided this guidance. The clash of Western science and the "supernatural" had begun.

As Dr. Hamilton's medical career unfolded, his intuitive skills seemed to keep pace with his advanced technical skills as a neurosurgeon. Precognitive episodes became commonplace, and he would not hesitate to postpone a surgery if the timing was not "right." He also developed the ability to "feel" an impending death, able to observe a "yellow, waxy light" emanating from under one's skin. He began to connect with his patients in ways not taught or recommended by his traditional education. A steady stream of extraordinary patients, as well as a battle with personal health issues, served to reaffirm to him the fact that we are more than our physical bodies. He began to realize that "Suffering is not the point of living. It's the background, the context, against which we discover love's power over death, over illness. Suffering is what lends love its supremacy over death."